ABF USDA Choice All Natural Cap off **Round Roast Beef**

Calories	Cholesterol	Total Fat	Sodium	Protein
90	30	1.5	140	14
	mg	9	mg	g

Nutrition Fact	S			
Varied Servings Per Container				
Serving Size 2oz. (56	2oz. (56g)			
Amount Per Serving Calories 90				
% Daily Va	alue*			
Total Fat 1.5g	2%			
Saturated Fat 0.5g	3%			
Trans Fat 0g				
Cholesterol 30mg	10%			
Sodium 140mg	6%			
Total Carbohydrate 0g	0%			
Dietary Fiber 0g	0%			
Total Sugars 0g				
Includes 0g added Sugars				
Protein 14g				
Vitamin D Omes	0%			
Vitamin D 0mcg				
Calcium 4mg	0%			
Iron 1mg	6% 4%			
Potassium 156 mg				
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories				