Pickled USDA Choice 120 Corned Beef Brisket Value Trim

Calories	Cholesterol	Total Fat	Sodium	Protein
150	35	13	330	8
	mg	g	mg	g

Nutrition Facts Serving Size 2oz. (56g) Servings Per Container Varied							
Amount Per Serving							
Calories 150 Calories from Fat 120							
% Daily Value*							
Total Fat	: 13a			20%			
				25%			
Trans Fat 0g							
Cholesterol 35mg				12%			
Sodium		14%					
Total Carbohydrate less than 1g 0%							
Dietary Fiber 0g 0%							
Sugars 0g							
Protein 8g							
	- 9						
Vitamin A 0% • Vitamin C 0%							
Calcium 0%		• Iron 4%					
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories 2,000 2,500							
Total Fat	Less than	65g	80g				
Sat. Fat	Less than	20g	25g				
Cholesterol Sodium	Less than Less than	300mg 2,400mg	300mg 2,400mg				
Total Carbohydrate		2,400mg 300g	2,400mg 375q				
Dietary Fiber		25g	30g				
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4							