

USDA Choice 1st Cut Corned Beef Brisket Sliced

Calories

90

Cholesterol

30
mg

Total Fat

2.5
g

Sodium

340
mg

Protein

15
g

Nutrition Facts

Serving Size 2oz. (56g)

Servings Per Container Varied

Amount Per Serving

Calories 90

Calories from Fat 25

% Daily Value*

Total Fat 2.5g 4%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 30mg 10%

Sodium 340mg 14%

Total Carbohydrate less than 1g 0%

Dietary Fiber 0g 0%

Sugars 0g

Protein 15g

Vitamin A 0%

● Vitamin C 0%

Calcium 0%

● Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Cured With: Water, Salt, Potassium Lactate, Sugar, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Garlic Powder, Sodium Nitrite, Extractives Of Spices