

USDA Choice Flat Cut Corned Beef Brisket 35% Retail Pack

Calories

120

Cholesterol

40
mg

Total Fat

5
g

Sodium

410
mg

Protein

12
g

Nutrition Facts

Serving Size 2oz. (56g)

Servings Per Container Varied

Amount Per Serving

Calories 120

Calories from Fat 45

% Daily Value*

Total Fat 5g 8%

Saturated Fat 2g 10%

Trans Fat 0g

Cholesterol 40mg 13%

Sodium 410mg 17%

Total Carbohydrate less than 1g 0%

Dietary Fiber 0g 0%

Sugars 0g

Protein 12g

Vitamin A 0%

● Vitamin C 0%

Calcium 0%

● Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 ♦ Carbohydrate 4 ♦ Protein 4

Ingredients: Cured With up to 35% of a Solution of: Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite, Garlic Powder and Seasonings (Spice Pack Included)