Corned Beef Bottom Round Strap-Off 15%

Calories Cholesterol Total Fat Sodium Protein

80 35 2.5 400 12 mg g

Nutrition Facts Serving Size 2oz. (56g) Servings Per Container Varied				
Amount Per Serving				
Calories 80 Calories from Fa				at 25
			% Daily \	/alue*
Total Fat	: 2.5g			4%
Satura	ated Fat 1g			5%
Trans Fat 0g				
Choleste	rol 35mg	1		12%
Sodium 400mg				17%
Total Carbohydrate less than 1g 0%				
Dietary Fiber 0g				0%
Sugars 0g				
Protein 12g				
Vitamin A	0%	• Vi	tamin C 0%	6
Calcium 0% Iron 6%				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories 2,000 2,500				
Total Fat	Less than	65g	80g	
Sat. Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium Total Carbon	Less than	2,400mg	2,400mg 375q	
Total Carbohydrate Dietary Fiber		300g 25g	375g 30g	
Calories per gram:				
Fat 9 ◆	Carbohydra	ate 4 •	Protein 4	