Navel Pastrami Silver Label -Black Rub

Calories Cholesterol

Total Fat

Sodium

Protein

130

40 mg 9 g

390 mg **12** g

Nutrition Facts

Serving Size 2oz. (56g) Servings Per Container Varied

Amount Per Serving

Calories 130 Calories from Fat 80

	% Daily Value*
Total Fat 9g	14%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 390mg	16%
Total Carbohydrate	less than 1g 0%

Dietary Fiber 0g 0%
Sugars 0g

Sugars ug

Protein 12g

 Vitamin A 0%
 ● Vitamin C 0%

 Calcium 0%
 ● Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4