

# Roast Beef Cap off Top Round Medium Half with Isolated Soy Protein

Calories

70

Cholesterol

20  
mg

Total Fat

1  
g

Sodium

330  
mg

Protein

10  
g

## Nutrition Facts

Serving Size 2oz. (56g)

Servings Per Container Varied

Amount Per Serving

Calories 70

Calories from Fat 10

% Daily Value\*

**Total Fat** 1g 2%

Saturated Fat 0.5g 3%

Trans Fat 0g

**Cholesterol** 20mg 7%

**Sodium** 330mg 14%

**Total Carbohydrate** 1g 0%

Dietary Fiber 0g 0%

Sugars 1g

**Protein** 10g

Vitamin A 0%

● Vitamin C 0%

Calcium 2%

● Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Beef, Water, Soy Protein Concentrate, Salt, Dextrose, Potassium Lactate, Sodium Phosphate, Autolyzed Yeast Extract, Garlic Powder, Onion Powder, Extractives Of Pepper. 2 / 7 Lb. Avg.halves Coated With: Spices, Dextrose, Caramel Color, Onion And Garlic Powder, Hydrolyzed Soy Protein, Salt, Toasted Onion Powder, Extractives Of Spices