

USDA Select Prime Rib of Beef with Natural Juices (Frozen)

Calories

170

Cholesterol

45
mg

Total Fat

13
g

Sodium

220
mg

Protein

12
g

Nutrition Facts

Serving Size 2oz. (56g)

Servings Per Container Varied

Amount Per Serving

Calories 170

Calories from Fat 120

% Daily Value*

Total Fat 13g 20%

Saturated Fat 5g 25%

Trans Fat 0g

Cholesterol 45mg 15%

Sodium 220mg 9%

Total Carbohydrate less than 1g 0%

Dietary Fiber 0g 0%

Sugars 0g

Protein 12g

Vitamin A 0%

● Vitamin C 0%

Calcium 0%

● Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Beef, Water, Salt, Potassium Lactate, Sodium Diacetate, Garlic Powder.
Coated With: Dextrose, Black Pepper, Dehydrated Onion, Dehydrated Garlic, Natural Flavors