## Prime Rib Casino Style with Natural Juices (Frozen)

Calories Cholesterol Total Fat Sodium Protein

160 40 12 160 mg g

Nutrition Facts Serving Size 2oz. (56g) Servings Per Container Varied			
Amount Per Serving			
Calories 160 Calories from Fat 110			
% Daily Value*			
Total Fat	: 12g		18%
Saturated Fat 5g			25%
Trans Fat 0g			
Cholesterol 40mg			13%
Sodium 160mg			7%
Total Carbohydrate less than 1g 0%			
Dietary Fiber 0g			0%
Sugars 0g			
Protein 11g			
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Vitamin A 0%			tamin C 0%
Calcium 0% ● Iron 6%			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:  Calories 2,000 2,500			
Total Fat	Less than	65g	80g
Sat. Fat Cholesterol	Less than Less than	20g 300mg	25g 300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			