## Roast Beef Cap off Top Round Rare All Natural Ingredient Half 10%

Calories Cholesterol Total Fat Sodium Protein

80 30 1.5 160 13 mg g

Nutrition Facts Serving Size 2oz. (56g) Servings Per Container Varied				
Amount Per Serving				
Calories 80 Calories from Fat 15				
% Daily Value*				
Total Fat	: 1.5g			2%
Saturated Fat 0.5g				3%
Trans Fat 0g				
Choleste	rol 30mg	ı		10%
Sodium 160mg				7%
Total Carbohydrate less than 1g 0%				
Dietar	y Fiber 0g			0%
Sugars 0g				
Protein 13q				
Vitamin A 0%		<ul><li>Vit</li></ul>	amin C 15	5%
Calcium 0% Iron 6%				
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:  Calories 2,000 2,500				
Total Fat	Less than	65g	80g	_
Sat. Fat Cholesterol	Less than	20g 300mg	25g	
Sodium	Less than	2,400mg	300mg 2,400mg	
Total Carbohydrate		300g	375g	
		25g	30g	
Calories per Fat 9 ◆	gram: Carbohydra	ate 4 •	Protein 4	