

Bone-in Short Ribs Fully Cooked with Natural Juices (Frozen)

Calories

90

Cholesterol

35
mg

Total Fat

4
g

Sodium

260
mg

Protein

15
g

Nutrition Facts

Serving Size 2oz. (56g)

Servings Per Container Varied

Amount Per Serving

Calories 90

Calories from Fat 35

% Daily Value*

Total Fat 4g 6%

Saturated Fat 1.5g 8%

Trans Fat 0g

Cholesterol 35mg 12%

Sodium 260mg 11%

Total Carbohydrate less than 1g 0%

Dietary Fiber 0g 0%

Sugars 0g

Protein 15g

Vitamin A 0%

● Vitamin C 0%

Calcium 2%

● Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Coated With: Salt, Dextrose, Black Pepper, Dehydrated Onion, Dehydrated Garlic, Natural Flavors