Cooked Beef NY Strip Steak 8 Ounce with Natural Juices - Steak Seasoning

Calories	Cholesterol	Tota	al Fat	So	dium		Protein
540	110 mg		9 g		90 mg		43 g
	Serving Size	Nutrition Facts Serving Size 8oz. (142g) Servings Per Container Varied					
	Amount Per Serving						
	Calories 540	Calories 540 Calories from			330		
		% Daily Value*					
	Total Fat 38	Total Fat 38g					
	Saturated	Saturated Fat 15g 75%					
	Trans Fat	Trans Fat Og					
	Cholesterol	, , , , , , , , , , , , , , , , , , ,					
	Sodium 590n	Sodium 590mg 25					
	Total Carboh	Total Carbohydrate 2g					
	Dietary Fib	Dietary Fiber 0g					
	Sugars 2g	Sugars 2g					
	Protein 43g Vitamin A 0% • Vitamin C 0%						
	Vitamin A 0%				<u>, </u>		
	Calcium 2% Iron 15%						
	calorie diet. Yo lower dependin	*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories 2.000 2.500					
	-		i5g	80g	-		
			:0g	25g			
	Cholesterol Less		00mg	300mg			
			,400mg	2,400mg			
		Total Carbohydrate300g375gDietary Fiber25g30g					
	Calories per gram:						
	Fat 9 • Car	bohydrate	4 •	Protein 4			