

Oven Roasted Turkey Sliced, Several Quality Levels

Calories

70

Cholesterol

35
mg

Total Fat

2.5
g

Sodium

770
mg

Protein

14
g

Nutrition Facts

Serving Size 3 oz. (85g)

Servings Per Container Varied

Amount Per Serving

Calories 70

Calories from Fat 5

% Daily Value*

Total Fat 0.5g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 35mg 12%

Sodium 770mg 32%

Total Carbohydrate 2g 1%

Dietary Fiber 1g 4%

Sugars 1g

Protein 14g

Vitamin A 0%

● Vitamin C 0%

Calcium 0%

● Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Turkey Breast, Turkey Broth and 2% or less of the following: Salt, Sugar, Carrageenan, Sodium Citrate, Sodium Phosphate, Sodium Diacetate